

INTERBIO-21st PTID Number

0	7	-					
---	---	---	--	--	--	--	--

Hospital/Clinic Code

--	--

Infant Hospital Record No.

--	--	--	--	--	--	--	--

Infant Date of Birth

D	D	M	M	Y	Y
---	---	---	---	---	---

Visit Date

D	D	M	M	Y	Y
---	---	---	---	---	---

Please indicate the **number of times** that the liquid/food was given during each time period (on a typical day) by writing the number in the corresponding box. Cross 'None' for any liquid/food not given at all.

	On waking	Morning	Lunch	Afternoon	Dinner	Evening	Night	None
1. Breast milk								
2. Formula/soya milk								
3. Animal milk								
4. Fruit/vegetable juice								
5. Tea (without milk)								
6. Sweetened drinks								
7. Water								
8. Soup								
9. Dairy products								
10. Porridge/cereal								
11. Vitamin A-rich fruits/veg (e.g. carrot, spinach)								
12. Other fruits								
13. Other vegetables								
14. Grains (e.g. rice)								
15. Legumes (e.g. beans)								
16. Pasta/noodles								
17. Tubers (e.g. potatoes)								
18. Bread/biscuits/crackers								
19. Egg								
20. Red/organ meats (e.g. beef, lamb, pork, liver)								
21. Fish								
22. Poultry								
23. Sweets/sugar products/jelly								
24. Spreads/oils								

25. Have you given any of the following supplements to your child? (cross all that apply)

 Iron Vitamin A Vitamin B Vitamin C Vitamin D Vitamin E Multi-vitamins/minerals None
Name of Researcher

--

Signature

--

Researcher Code

--	--